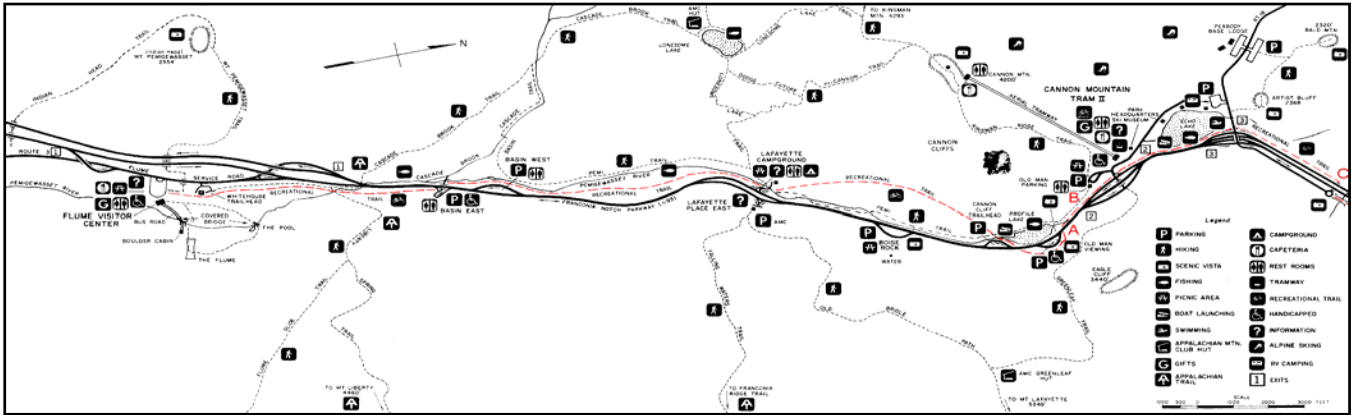


Franconia Notch Bike Path



The Franconia Notch State Park Recreational Trail is a paved trail that parallels Franconia Notch State Parkway, and the scenic Pemigewasset brook. The 20 mile round trip brings riders within easy reach of park attractions including the Flume Gorge, the Old Man of the Mountain Profile, Profile Lake, Boise Rock, the Basin, Cannon Mountain Aerial Tramway and Echo Lake. There's no fee for the use of the bike path. The Path Starts at the Flume parking lot, and ends just north of Cannon Mountain. All Seasons Adventures in Lincoln, NH offers one-way shuttle service to Cannon Mountain for a nominal fee, and also rents bicycles if needed. The return to Lincoln is a mostly downhill ride of about 16 miles returning via The Bike Path to the Flume parking Lot, Then using the bike path shoulder on Rt 3 south to connector Rd (At Clarks Trading Post), Then east back into Lincoln. You can stop as often as you want and make it a very leisurely ride back into town. There are numerous picnic spots along the route.

