

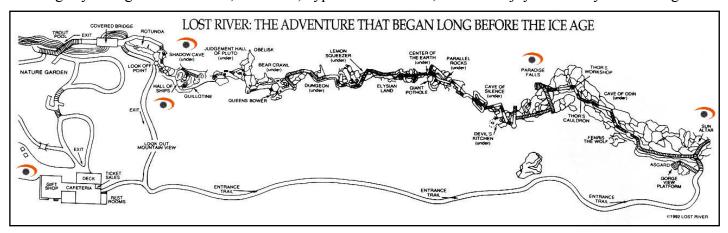
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Located in New Hampshire's White Mountains in the town of North Woodstock, Lost River Reservation (as it is most properly known) is set in Kinsman Notch. One of the area's famous passes, Kinsman Notch lies between Mt. Moosilauke and Mt. Kinsman, about 2000 feet above sea level.

Lost River is so-named because the brook draining the southern part of Kinsman Notch disappears below the surface in the narrow, steep-walled glacial Gorge. The Gorge is partially filled with immense blocks of granite, through the spaces of which the brook cascades along its subterranean course until it eventually emerges and joins the Pemigewasset River, which flows southward from Franconia Notch.

Long before recorded history, massive glaciers slowly ground their way across North America, shaping the land. Here in Kinsman Notch, the powerful forces of water, wind, weather and time worked their magic, creating Lost River... a place where granite walls seem to erupt from the earth and a river plays hide and seek.

This self-guided tour, which takes about an hour and is about 3/4 of a mile in length, takes you back through millions of years of natural history. There are some caves into which you can easily walk, but others require some agility to negotiate. You can, of course, bypass all the caves, and still enjoy the beauty of the Gorge.



The route taken today is actually the reverse of what was used originally; this change was made in 1984 when even more of Lost River was opened. The Gorge includes walkways and bridges, making it enjoyable and comfortable for the whole family. Children especially love to clamber about the Hall of Ships, squeeze through the Lemon Squeezer and stand under Guillotine Rock.



Today you can follow Lost River as it appears and disappears through the narrow steep-walled gorge, the tumbled granite crevasses, caverns and falls. Along the boardwalks and in the caverns you'll become a time traveler, journeying back 25,000 years to the time of glaciers and pagan gods.

